### DAY 2 - 23rd May 2015 | 1600 - 1730 hrs

**NURSING**
Venue : Penang Room

**Dressings In Orthopaedic (Vacuum, Ilizarov & External Fixator Dressing)**
Patients with Ilizarov and external fixators need to be informed on how to care for the wounds. The dressing seem complex. Nurses help empower patients by teaching them how to do dress these wounds. The right technique will promote faster healing and prevent complications. However, highly exudative wounds would benefit from a ‘Vacuum’ Suction Dressing. This topic will further emphasize on what to watch for in this type of dressing.

**Physiotherapy**
Venue : Pahang Room

**Management Of Pain (Taping)**
Various methods can be used to treat pain in physiotherapy. In this workshop, participants will be introduced to electro modalities and taping. Most of these electro modalities deliver some form of electrical input to the tissue with the aim of reducing inflammation, controlling pain, enhance healing as well as to educate “muscle activity”. Taping helps to reduce pain and also to support the painful joint. This workshop will focus mainly on pain management for various conditions in the knee joint.

### DAY 3 - 24th May 2015 | 0800 - 1000 hrs

**Assistant Medical Officer**
Venue : Penang Room

**Pre-Hospital Care Spinal Immobilisations**
This workshop will cover basic principles of spinal immobilization using correct equipments during immobilization of spinal injury / trauma victims in the pre-hospital setting. In addition, there will be a video presentation of overall management of a lower limb amputation in different phases of recovery.

**Nursing**
Venue : Penang Room

**Pre-Op Care Of Patients With Spinal Injury & Care Of Patients With Cryo Cuff**
Surgical cord injury is considered a catastrophic disease because of the high morbidity, mortality and economic impact associated with these paralyzing injuries. Nurse the patient flat in neutral alignment, using very rolling or turning beds until spinal neurological stability is ensured. Important to monitor vital signs especially conscious level, blood pressure, pulse and respiration rate. Watch for cephalic extension of the sensory deficit and autonomic dysreflexia such as acute, uncontrolled hypertension, severe headache, intense sweating and skin blotches above the level of injury.

### DAY 3 - 24th May 2015 | 1030 - 1230 hrs

**Physiotherapy**
Venue : Pahang Room

**Seating And Positioning Management For Orthopaedic Cases (Adult and Pediatric) & Return To Work Management For Orthopaedic Cases**
This workshop will focus on basic principles and modification in seating & positioning for adult and pediatric. For example, type of assessments and modification done for different types of patient with different diagnosis, demo of pressure mapping with participants. Another session will be an overview of services offered by Work Rehabilitation in UMHC Occupational Therapy Department related to orthopaedic cases. Return to Work program, type of assessment conducted, Functional Capacity Evaluation Report, flowchart procedure of RTW program will be discussed based on cases.

**Occupational Therapy**
Venue : N. Sembilan Room

**Special Procedures With Spinal Injury (Skin, Bladder & Bowel Care)**
Participants will understand the importance in care of patient with spinal injury, demanding concerns on skin, bladder and bowel care. Caregiver and patient themselves learn skills in emptying both the bladder and bowel where the normal function does not resume.